

# History

“Man came from the hand of God perfect in every faculty of mind and body; in perfect soundness, therefore in perfect health. It took more than two thousand years of indulgence of appetite and lustful passions to create such a state of things in the human organism as would lessen vital force. Through successive generations the tendency was more swiftly downward. Indulgence of appetite and passion combined led to excess and violence; debauchery and abominations of every kind weakened the energies and brought upon the race diseases of every type, until the vigor and glory of the first generations passed away, and, in the third generation from Adam, man began to show signs of decay. Successive generations after the Flood degenerated more rapidly.” EGW, 4T p. 29.

## The Inquiry

A friend said to me, “Our thymus gland gets smaller as we get older.” I stopped and wondered. It didn’t make sense to me. If the thymus was very important to the immune system, why would it get smaller and not larger when we get older? Older people are constantly under attack and they need all the immune power they can get. They need a healthy thymus. So I took a side trip to further investigate this. My study led me to believe that indeed the thymus does shrink, but not because of age.

## The Body is Always for Us

The body’s instinct is to kill everything foreign that attacks you. This is a sign of a strong immune system. However, HIV patient’s immune system is not strong enough to gobble up foreigners that enter the body. Why? Because the bone, the place where T-cells (WBC- your immune system) are made, is under attack. The thymus gland is under attack. The thymus is the place where **T-cells are sent to and are taught what to attack, who to help and which to kill**. At these sites you will find solvents, metals, molds, dyes and parasites helping each other do their destructive work. They all dwell together. They pollute and starve healthy cells. Nutrition is either being eaten up or forced out of the cell.

Benzene, for instance, which is a solvent found in abundance at the thymus and bone in HIV and AIDS patients, can destroy these two area. Even when the body tries to reduce benzene to get it out, it is further broken down into a worse enemy called, formic acid. Formic acid expedites destruction. When a city is under attack, it must call on others for help. Indeed the thymus and bone cells calls for help. It first begins at the stomach, but it finds that the stomach acid is too weak to kill incoming pathogens or dissolve metals or solvents. Next, it calls on the WBCs, but they too have lost their power to gobble up benzene after so many bites of it. Finally, when the body shifts to the detoxification process instead of removal (WBC), benzene is reduced to formic acid.

A healthy person can destroy pathogens, detoxify contaminants and other pathogens including their eggs, and waste products out of the body, but all these things cease with HIV. The only hope come from outside assistance.

## AIDS, A Step Closer to Death

AIDS, is where body functions decline and the condition continues to get worse. Not only does it have thymus and bone issues, the body has lost its bodily functions to eliminate waste. AIDS is a relatively new disease simply because the earth has not seen such toxicity before. The body has been able to keep up with the amount of toxicity, but the times we live in are not the times we grew up in.

In the past, our organs and body systems were strong enough to withstand pathogens and viruses because our food, water and environment were not always polluted as they are now. The amount of benzene and PCBs has doubled in the last hundred years and we continue to dump it into our environment. We find it in abundance in our processed foods and bottled water and juice. We can see it in such products as baking grease, flavors, and color, baking soda, baby toys, eye glasses, dentures, tooth fillings, mineral oil and petroleum products, etc. It is brought into the air through fumes of exhaust, colognes, cigarette smoke; in the office and even in the fields with pesticides. And unfortunately Africa's water supply has been contaminated with it a great deal. Who can tell what fracking will do the water in the US?

## Medication

Does medicine make it harder for the body to heal? Yes, medicine works on the symptoms of the body. It should not be used long term or even to depend on as a healing agent. Medication silences cell communication that calls for help. When there is pain you can bet your cells have already made that call. Are you listening? When your house is on fire, do you call the fire department? Yes. Likewise, our cells get on the telephone and do the same.

Medication also makes the success of natural remedies more difficult and next to impossible at times.

Have we stopped being intelligent about our bodies? How is it we have come to rely on others to tell us what is happening and what needs to be done about it?

## Hope

We need something that will detox benzene and other pathogens out of the body. We also need to recognize what they are in our food and environment so we do not keep infecting ourselves. In the following parts of HIV AND AIDS you will learn to recognize benzene in food and environment, and how to win back the thymus and bone to good health.

Psalms 139:14 I will praise thee; for I am fearfully [and] wonderfully made: marvellous [are] thy