

OWEGO FAITH, FARMING & FOOD FORUM

*with Dr. Hue & Suzanne Karraman
& Dr. Roger DeHaan*

*COME & Learn NEW ways to Restore, Revive
and Renew the Land & Your Body!*

NOVEMBER 9 & 10, 2018

*Location: Cafetorium
1277 Taylor Rd. Owego, NY 13827*

****Friday (11/9/18) & Sat. (11/10/18) 7-9 PM Cost: \$5 per night
2 Evening Sessions: "Faith, Food & Fitness"**

***Saturday SESSION (11/10/18) : "Faith, Farming & the Future"
10 to 3 PM.(Bonus Hour 3 to 4 pm) A Healthy Lunch 12-1 PM.
Cost: \$20 for day session with lunch.**

**Preregister by 11/5/18 to Marvin Moyer at (607)687-4053
Email: twinbrookfarm@binghamtonwireless.com**

Main Speakers: Dr. Roger DeHaan-a Holistic Vet from North Carolina who practices alternative ways to help animals & people. Has lived in rainforest of Columbia for 12 years. Author of 3 books: www.aholisticvet.com

Dr. Hue Karreman: A vet from North Carolina with 30 years of practical experience working with dairy cows & giving presentations on organic livestock health care to farmers. An author of 3 books and barn guides on treating cows naturally and traveled the world sharing his knowledge.

Mrs. Suzanne Nelson Karreman has a vision for back to the land with regenerative farming. She is co-owner with her husband of Reverence Farm and Cafe with 90% of the food is locally grown on their farm. www.reverencecafe.com.

Also: Nutrition & Fitness Specialist: Mrs. Nicole Kobziewicz from IPT Nutrition & Fitness: and Stuart & Nikki Howard (RN & CAHP) www.chaseafterhealth.com