

Instructors

Class Discussions:
Jacquelyn Blizzard

Food Demonstrations:
Jim Blizzard

Cost

Free Workshop
Workbook \$7

Seating limit

20 Persons

Hours

Sunday 2-5 pm
Monday 5:30-7:30 pm
Tuesday 5:30-7:30 pm

Pre-Registration

Required for all
attendees. Pre-order
your workbook

Deadline

January 3rd 2019

Being held at
Eastman Hill Health and
Training Center

147 Eastman Hill Rd.
Willseyville, NY 13864

607-659-7399
blizzard@eastmanhill.net
eastmanhill.net/health

Diabetes Troubleshooting Workshop

January 6th, 7th & 8th

Class Discussion Topics

- * Diabetes: Type I & II, Pre-diabetic and childhood
- * Causes of diabetes
- * Foods that destroy the pancreas and liver
- * Cleanse, strengthen and support organs
- * Stop the progression of blindness
- * Get off medication
- * Practical solutions
- * Meal Planning

Join us...

The Diabetes Troubleshooting Workshop kicks off our 2019 season. It is free of charge. Learn how people have become free of diabetes *in just weeks!*